

# Crossroads May 15th Reopening FAQ

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## What We Are Doing At Crossroads To Follow Federal Guidelines

1. Cleaning guidelines for staff and members:
  - Wash your hands with soap and water for 20 seconds or use hand sanitizer frequently
  - Avoid touching your face,
  - Sneeze or cough into a tissue, or the inside of your elbow,
  - Disinfect frequently used items and surfaces as much as possible
  - Consider using face coverings while in the general public
2. Ensuring safe distance during exercise of at least 6 feet.
3. Requiring staff and members who exhibit signs of illness to not enter the facility and to recommend seeking medical attention.
4. Enhancing sanitation and disinfection to include the entire facility as appropriate. Staff will perform regular cleaning and require member assistance with cleaning equipment after each use.
5. Signage displayed throughout the facility instructing members on proper sanitation of equipment.
6. Practice social distancing: utilizing signage/barriers and floor markers to instruct members and staff to remain 6 feet apart.
7. Prohibiting handshaking and other unnecessary person-to-person contact
8. We will follow any guidelines given to us by the governing body in consideration of how many people can be in each space of the facility. Keeping in mind to always abide by the social distancing protocol in the gym.

## Reopening Plan

**Phase One:** Reopening and expanding fitness resources as allowed. Re-Open date: MAY 15, 2020. Hours of operation Monday through Friday 5am- 8pm Saturday and Sunday 7am-5pm & limited number of members (50% of building capacity) to access during peak hours and no Indoor Group Exercise Classes - outside classes with social distancing guidelines followed.

**End of Phase One:** Meet and evaluate housekeeping, safety and usage to determine how to expand programming. Revise each area of the facility according to safety concerns.

**End of Phase Two:** Expand on group fitness, small group training

**End of Phase Three:** Re-evaluate & expand or stay the same.